

Agenda

- INTRODUCTIONS
- LISTEN TO A STORY
- WHY STORYTELLING?
- TECHNIQUES & PROCESS
- HOW TO JOIN A LIVE SHOW
- REFLECTION

Introductions

WHO ARE YOU?

WHAT DO YOU HOPE
TO GET OUT OF THIS TRAINING?

FEEL FREE TO UNMUTE AND SHARE



Story Time



WHEN MIGHT YOU TELL YOUR STORY?

- PROFESSIONAL GATHERINGS
- INTERVIEWS
- SPEECHES AND PRESENTATIONS
- FAMILY EVENTS
- SOCIAL SITUATIONS
- ON STAGE
- OTHER IDEAS?



YES...INTERESTING THINGS HAVE HAPPENED TO YOU!

- HOW TO CHOOSE A STORY TO SHARE
- LEARN TO LOOK AT YOUR LIFE LIKE A STORYTELLER
- WHERE TO START
- WHAT TO AVOID

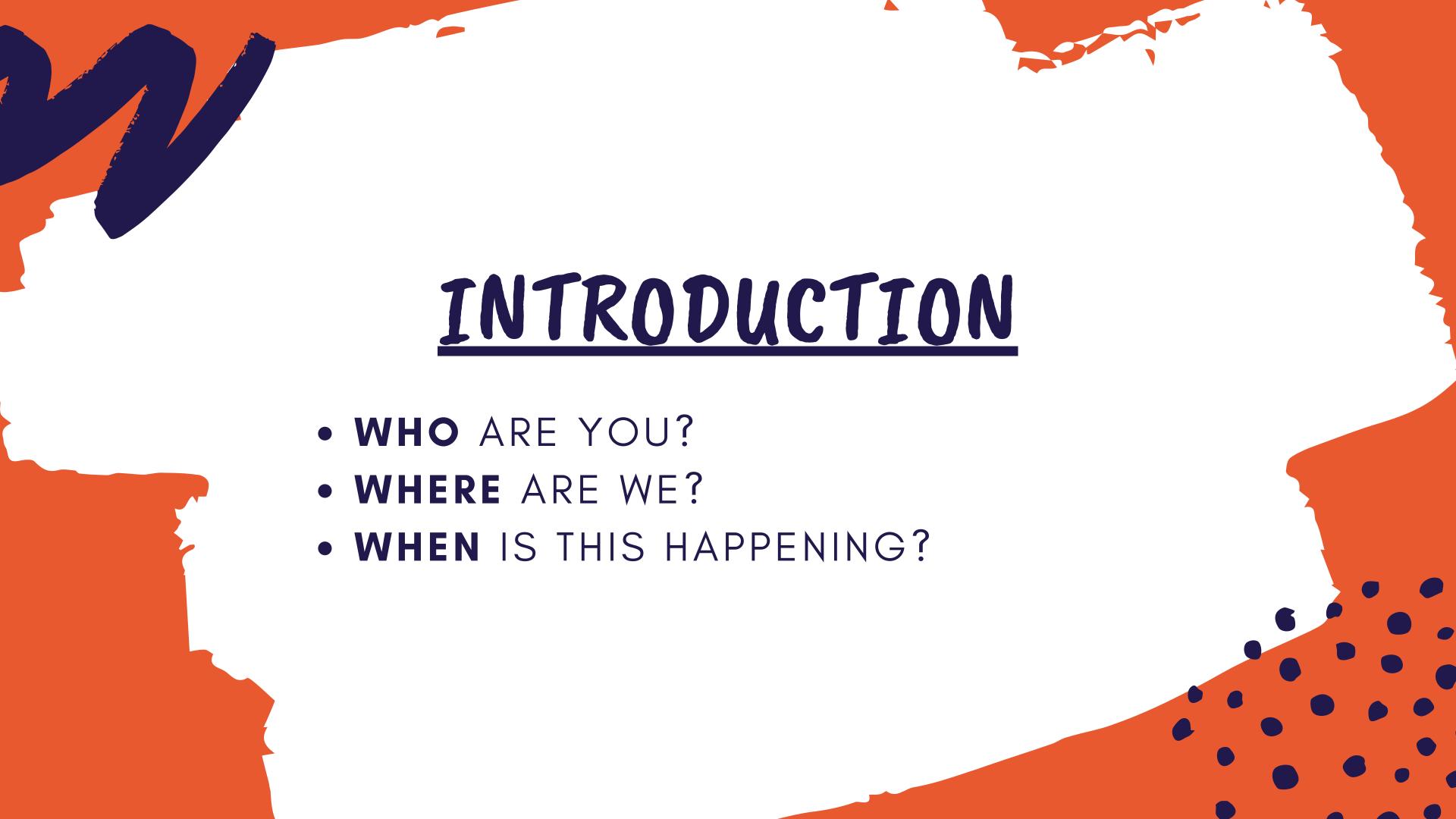




TRANSFORMATION

THE FIVE BEATS OF EFFECTIVE STORYTELLING

- 1. INTRODUCTION
- 2.STAKES
- 3. RISING ACTION
- 4. RESOLUTION
- 5. REFLECTION

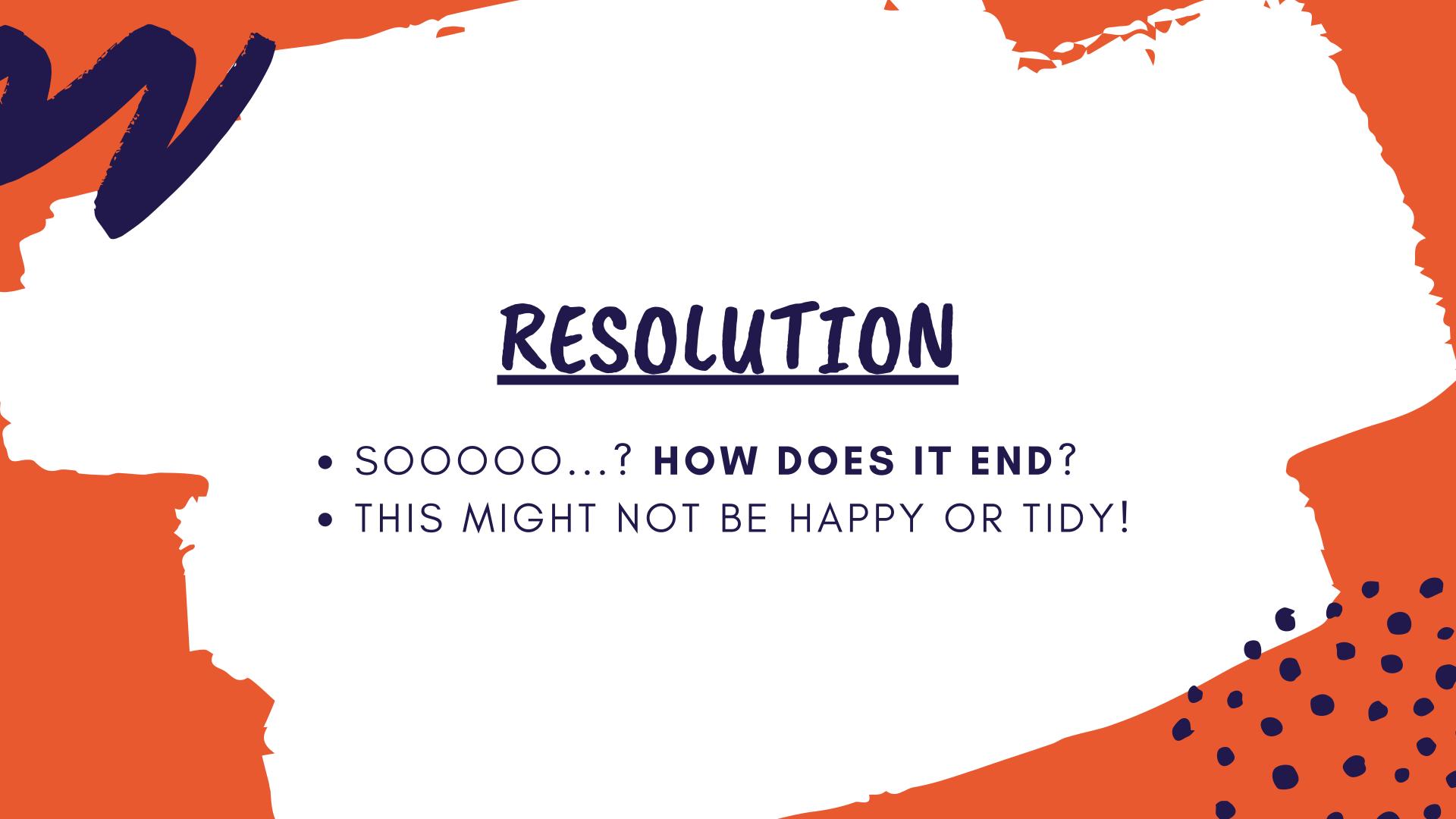


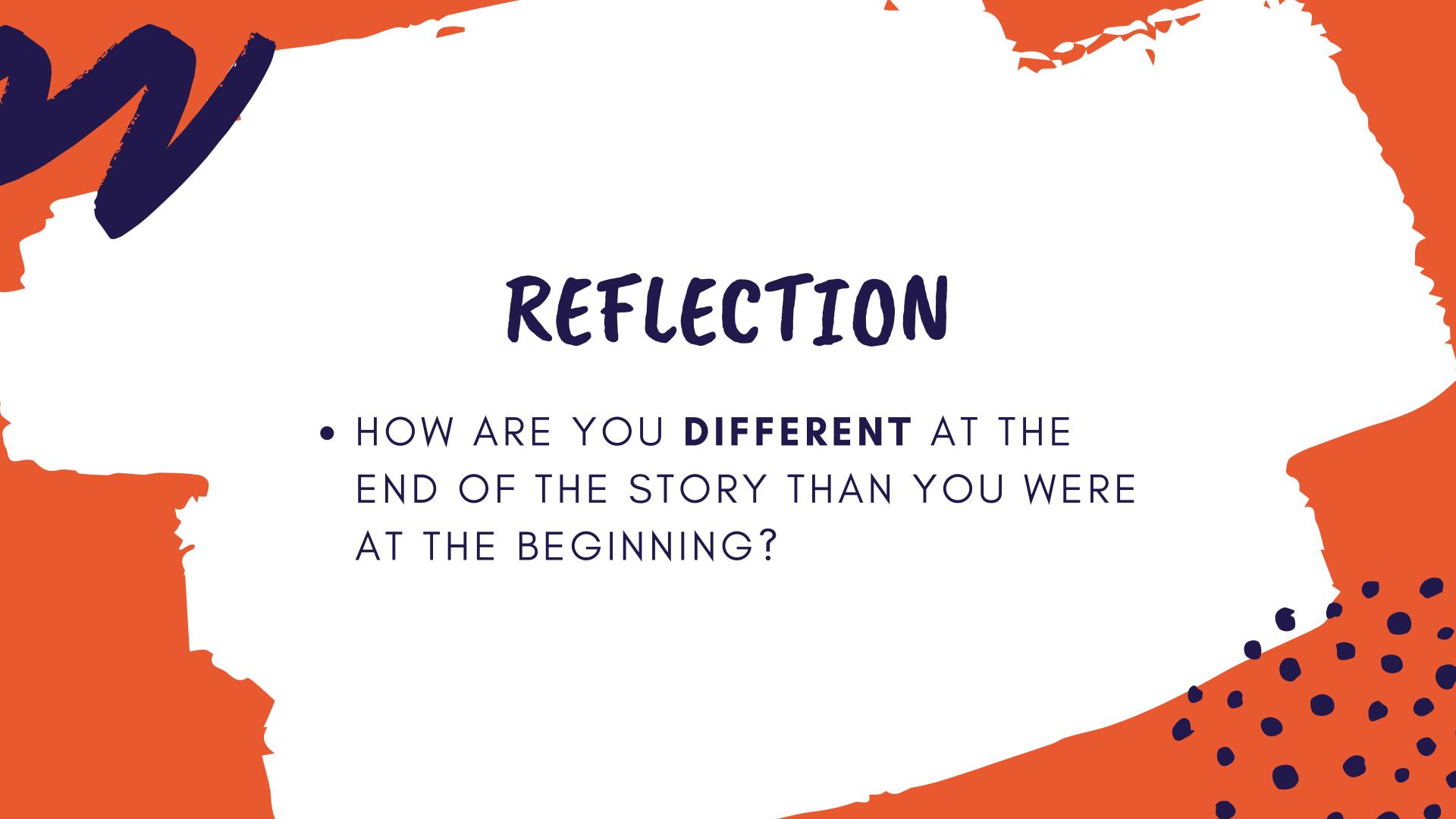




• INCREASE THE STAKES AS THE
STORY UNFOLDS AND REACHES ITS
DRAMATIC CLIMAX

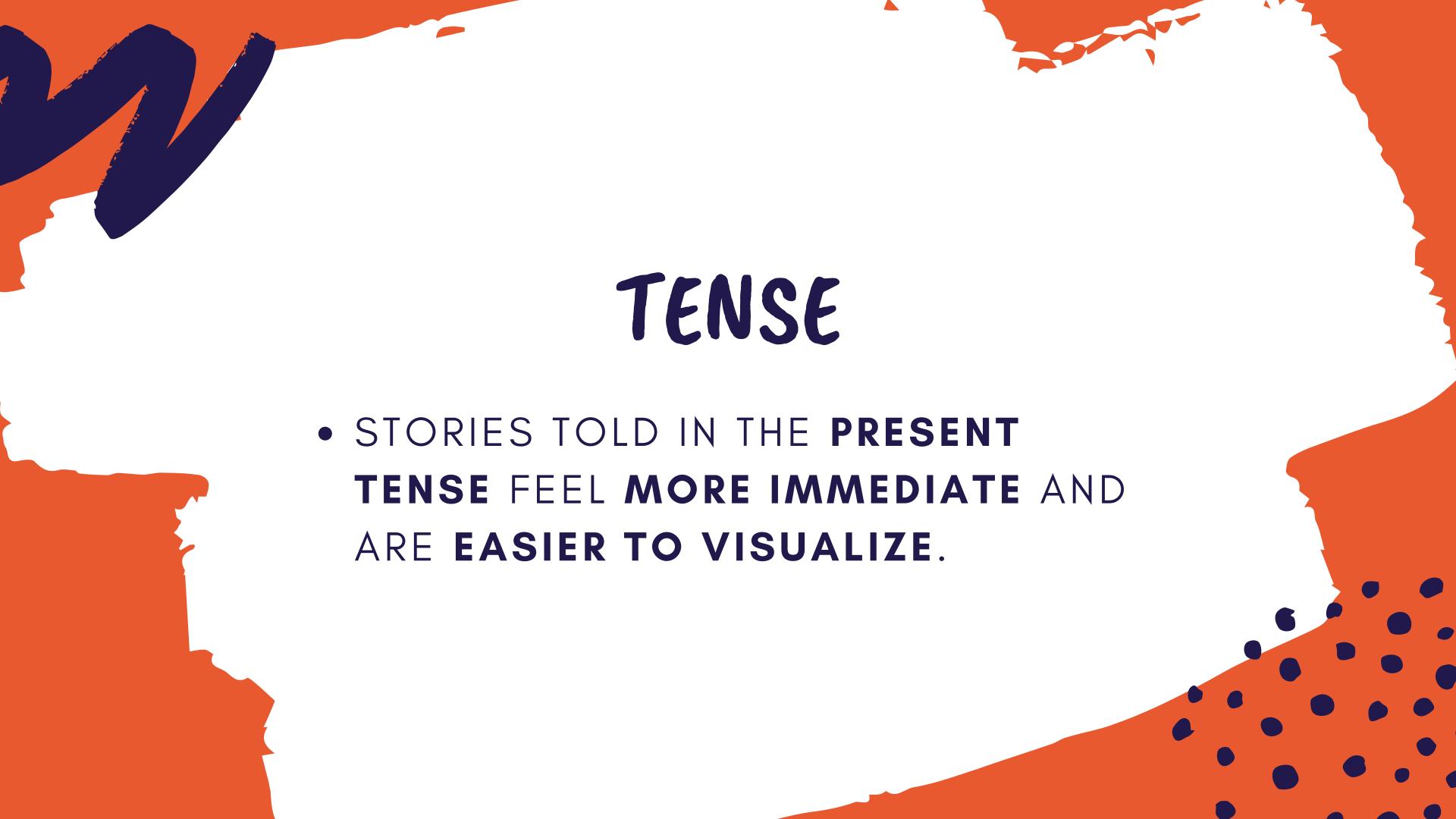












DETAILS ENRICH A STORY

INCLUDE INFORMATION SUCH AS:

- NAMES AND RELATIONSHIPS
- ENVIRONMENT
- SENSATION

It all comes down to the **small details**. In the hands of a good writer, that old lady, her cottage, her flowers, and the smell and taste of her tea, as well as the feel of the smooth, porcelain cup in her hand, become **quite real** for the reader, and the story ends up being **truly compelling**.

- Mark Spencer

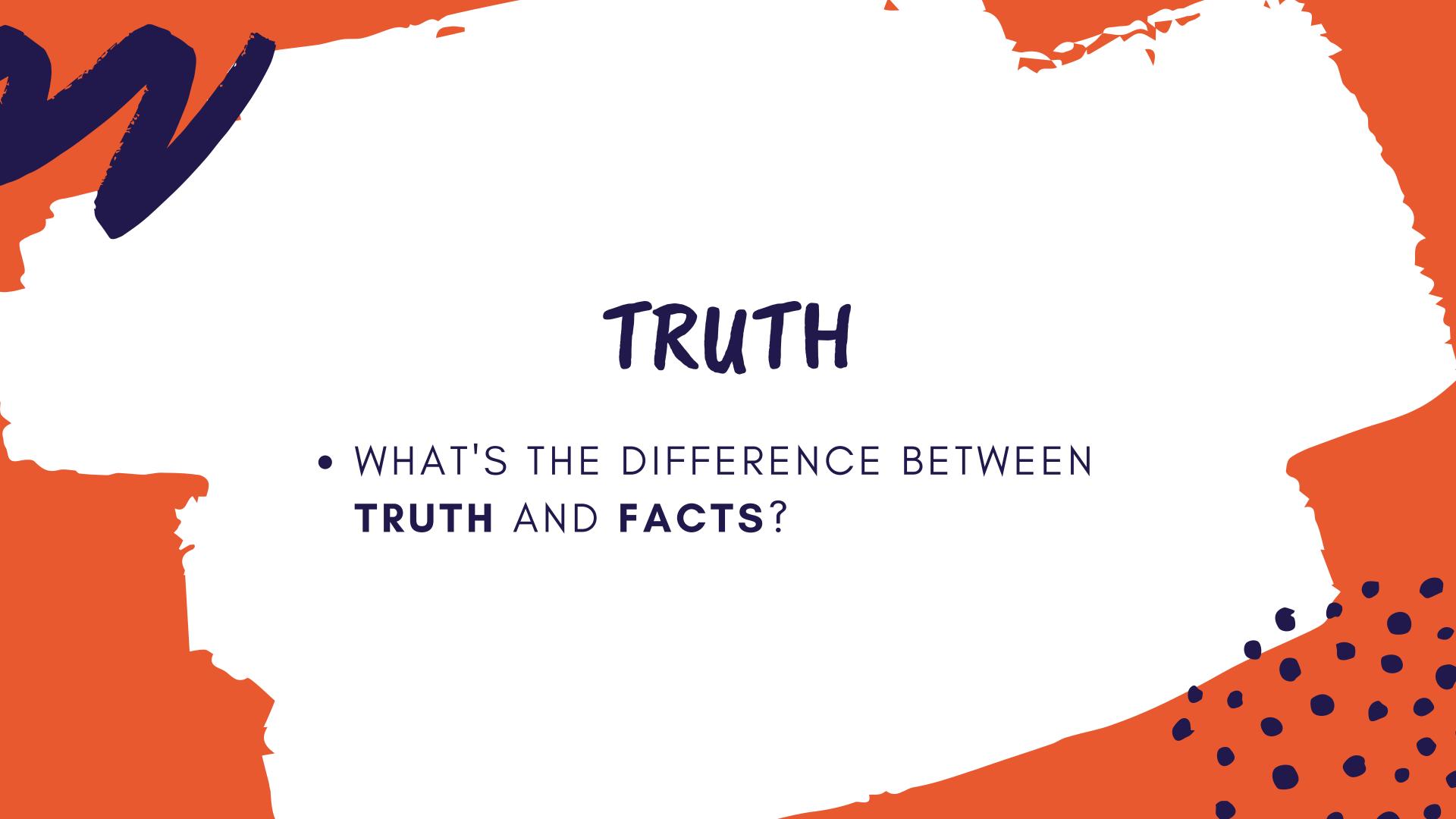
INNER LIFE

WHAT ARE YOU

- OBSERVING
- SENSING
- THINKING
- FEELING
- SAYING TO YOURSELF?

TELL YOUR STORY FROM THE INSIDE OUT.

MAKE YOURSELF A PARTICIPANT, NOT A WITNESS.





TRITE PHRASES AND CLICHES

- STORY TITLES
- PRELUDE PHRASES
- MORAL STATEMENTS
- ANY WORDS THAT TAKE YOUR AUDIENCE OUT OF THE STORY
 - "FAST FORWARD"
 - "BUT THAT'S ANOTHER STORY..."
 - "NEEDLESS TO SAY..."











HERE'S HOW I DO IT*

- WRITE IT OUT
- READ OR RECORD
- LISTEN TO WHAT YOU'VE CREATED
- REVISE
- GET IT ONTO AN INDEX CARD
- PRACTICE, PRACTICE, PRACTICE

*but it's different for everyone



HOW DO I JOIN A SHOW WHERE I LIVE? • CURATED SHOWS VS. OPEN MICS • THEMES

• PITCHES



Thank you.

WHAT IS ONE THING YOU WILL TAKE AWAY FROM TODAY'S WORKSHOP?



EVENTS • WORKSHOPS • COACHING

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