Curried Chicken Salad & Apple Tea Sandwiches

By Simply Creative Chef Rob Scott

- -2 cups diced cooked chicken breast (about 12 ounces)
- -3/4 cup dried cranberries
- -3/4 cup mayonnaise
- -1/2 cup chopped toasted walnuts
- -3 tablespoons chopped scallions, white and green parts (about 2 scallions)
- -1 1/2 teaspoons curry powder
- -1/2 medium Fuji apple, peeled, cored and diced (about 3/4 cup)
- -8 slices square, firm whole-wheat bread

- 1. In a large bowl, combine the chicken, cranberries, mayonnaise, walnuts, scallions, curry powder and apple and mix to thoroughly combine.
- 2. Cut the crusts from the bread and set aside for another purpose.
- 3. Using 2 slices of the bread, make a sandwich, taking care to spread the chicken salad in an even layer all the way to the edges of the bread.
- 4. With a large serrated knife, cut the sandwich diagonally in both directions to create 4 equal triangles.
- 5. Repeat with the remaining bread and salad to make 16 tea sandwiches.

Yield: 16 Tea Sandwiches